The roses were the first to hear—
The roses trellised to the tomb.
Bring roses! Hid the marks of spear
And cruel nails that sealed his doom The lilles were the first to see-The lilles on that Easter morn. Bring lilies! Crowned with blossoms be The head so lately crowned with thorn!

The roses were the first to hear. Ere yet the dark had dreamed of dawn The faintest rustle reached their ear. They heard the napkin downward drawn, They listened to his breathing low, His feet upon the threshold fall. Bring roses-sweetest buds that blow! His love the perfume of them all!

The lilles were the first to see. They, watching in the morning gray Saw angels come so silently And roll the mighty stone away. They saw him pass the portal's gloom He brushed their leaves-oh, happy dow

Bring lilles-purest buds that bloom! His face reflected in each flower!

The roses were the first to hear, The illies were the first to sec. Bring fragrant flowers from far and near To match the Easter melody! "Rabbon!" be on every tongue, And every heart the rapture share Of Mary as she kneels among The roses and the lilles fair!

Scrap Books. DEAR HOME FRIENDS.

The letters in the last issue of the Standard were especially interesting and worthy a prominent page in everbody's scrapbook.

By the way, I often wonder if other people make so many books of this kind as 1 do. I cull the cream of all the newspapers, on rainy days, instead of finding fault with the "weather man," I get my box of scraps and paste here a poem and there a bit of prose; and if I find a picture that illustrates an idea nicely, that goes in. (There is more language in a small picture sometimes than in long pages of rhetoric.) You can make your covers just as artistic as you please, and your bookcase, if you cannot afford the books your soul craves, will gladden your heart and eyes if only filled with scrap books mostly. The children make them also, and they choose the pretty stories both of prose and poetry for theirs', and I get the benefit of these for nearly every evening they get out these books and ask me to read to them aloud. Children's stories are, now-a-days, made very inter esting and older people would sometimes do well to interest themselves in what the youngsters are reading. You will be surprised to see how quickly a disagreeable, rainy day will pass if you try making scrap books. Before you are aware your day is numbered with the

"I think I'll take a day off, Remarked the office lad, And he straightway tore a leaf From the Boss' calendar pad."

Common Sense Cough Cures. It is rather hardlines to be told that the slight, backing cough that is so distressing to the sufferer is merely a bad

This is often the case, however, and when it is under the control of the will It should be sternly repressed.

There are few disorders more teasing to the sufferer and those about him than this hacking cough, and the cause of it should be investigated as soon as possible so that common sense may aid in the

Sometimes the uvula, the pendulous part of the soft palate, at the back of the mouth, becomes relaxed and the point touches the tongue, producing a tickling sensation which requires a cough to relieve it.

A little dry tannic acid put in a quill and blown on the uvula will contract it, or half a teaspoonful of the powder mixed with two teaspoonfuls of glycerine, stirred into half a glass of warm water, should be used as a gargle.

When a severe cold has been taken and there is a cough, with soreness of the chest, great care should be taken in soaking the feet and rubbing the chest with camphorated oil, etc., to avoid an attack of bronchitis. But for the littleaggravating backing cough the prescribed "stern repression" idea is the most common sense method, as each cough that is "swallowed" or otherwise avoided will give the irritated surfaces (which are kept inflamed by repeated coughing) a better chance to heal .- Selected.

Fruit scones. Four cups of flour, two teaspoonfule baking powder, one-half teaspoonful salt one-quarter teaspoonful grated nutmeg, three tablespoonfuls butter, four tablespoonfuls sugar, one cup small raisins, milk to make soft dough fabout one and one-quarter cups.) Sift flour, baking powder, salt, sugar and nutmeg together, rub in the butter, mix in the raisins, add the milk gradually, until a soft dough is formed. Turn on a well floured board, divide in two parts, form each into round and roll until large enough to cover a pie plate; place in a greased pie plate and with the back of a large knife divide each cake into eight sections. Bake about twenty minutes in a moderate oven. Rub together one tablespoonful sugar and one of milk, and when the scopes are baked brush them over with this syrup, put back in the oven for a few seconds, break apart and serve hot or cold, as preferred .- Louis Role, in Kala-

[Currants may be used instead of raisine for the fruit. They are excellent either way .- Ed.

tained it? If a man constantly aspires, is he not elevated? Did ever a man try heroism, magnanimity, truth, sincerity, and find that there was no advantage in them-that it was a valu endeavor .- H. B. Thoreau.

Do right and God's recompense to you will be the power of doing right. Give, and God's reward to you will be the power of giving more-a blessed spirit, for it is the spirit of God himself, whose life is the blessedness of giving. Love, and God will pay you with the capacity of more love; for love is heaven; love is God within you .- F. W. Robertson.

THE INGLENOOK.

Discussing Subjects of Interest to the Family or the Individual.

Edited by Mary Wood-Allen, M. D.

Ann Arbor, Mich, [Questions concerning the topics treated in this department may be addressed to the ed-itor, who, at her discretion, will answer either directly in the department column, or will embedy the enswers in an article.] Copyright by Inglenook Paess.

Answer to Correspondents.

I have a little boy seven years old. He has never been very strong. Lately I have noticed that his face twitches. What is the cause and what can I do for MRS. L. B. H. It may simply be a habit acquired

through imitation of some one so affected. More than likely it is a symptom of a disturbed condition that may result in St. Vitus dance. Do not call the child's attention to the trouble but carefully observe his general health. Is he unusually irritable? Is he restless in his sleep? Is he constipated? Is his articulation impaired? Is there twitching of the

arms or legs? These questions answered in the affirmative will indicate that it is more than a habit acquired through imitation and suggest that the case needs attention at

The most important measures are those that pertain to improving the general health by attention to his diet, condition of bowels, outdoor exercise and freedom from nervous strain. His food should be plain but nourishing. All nighly seasoned foods should be forbidden, also tea and coffee.

The disease is not fatal and is usually cured more promptly by hygienic measures than by drugs.

The child should probably not go to school. He should be kept pleasantly employed in open air, but not allowed to get over fatigued even by play. He tirmity. A firm authority over him will be one of his best aids. He however should not be teased or irritated and life should be made as serene and pleasant as is possible with the enforcement of a prompt obedience.

Will you please describe a hygien! wardrobe for an infant? Mrs. G. R. N. The great essentials for a healthful outfit for an infant are warmth and free dom. The old fashioned style of dress with roller-band and skirt bands was acking in both of these essentials. It interfered in a very harmful way with both freedom of limb and of lungs and

did not secure adequate warmth. Perhaps the most desirable first ward robe would be composed of a number of soft wrappings in which the baby could be enfolded without being obliged to submit to the process of dressing in gar ments with sleeves. I had the satisfaction a few days ago of arranging such an outfit which I designate as a "wrapper ette," as the baby is wrapped in the covers instead of being dressed. This is a modification of the swaddling clothes of Scriptural times and of the present fash-

on on the Continent of swaddling.

For the first three or four weeks supplies complete warmth and entire freedom. As soon as the child is large enough and strong enough to be dressed, the most healthful garments are those which do not compress the body in the lesst nor hang as weights upon the little limbs. The old fashioned roller-bandage should be entirely dispensed with from the first. A series of slips simple in style and without trimming, fitted one inside the other, are the most easily placed in position and the most comfortable for the child. The first one of flannel is the emallest in size. This is simply a plain slip with sleeves. The next one of cotton is just a little larger and may be made without sleeves; the dress a little larger than this one, still of the same style can be trimmed with a little soft lace. By putting the sleeves of each garment one the child at once, obviating the necessity of turning and twisting which must be ingenious little shirt has been devised to act both as shirt and band.

Mothers who have used wardrobes made after this fashion are very hearty in their praise of its comfort and its ease of adjustment. I am quite sure if the tables could speak they would add their tribute to this testimony.



"That Chicago poetess' book characteristic, isn't it?" "How?" has such large foot notes."

Did you ever hear of a man who had striven all his life faithfully and singly toward an object, and in no measure obtained to be a striven all his life faithfully and singly please or money refunded. For sale by H. D. Mich.



### EASTER'S TRADITIONS.

Every Country Has Its Special Signs For the Day.

In European countries some of the extraordinary Easter customs are sacredly kept alive. In Durham, England, on Easter Monday the men claim the privilege to take off the women's shoes, and the next day the women re-

churches for tansy cakes on Eastertide, and, though the profane part of this custom is happily everywhere discontinued, tansy cakes and tansy puddings are still favorite dishes at Eas-

In some parishes in the counties of Dorset and Devon the clerk carries round to every house a few white cakes, which are about an eighth of an inch thick and of two sizes-the larger being seven or eight inches, the smaller about five in diameter-have return for these cakes, which are always distributed after divine service on Good Friday, the clerk receives a gratuity according to the circumstances or generosity of the house-

There are many superstitions connected with Easter Sunday which are significant of the season and are almost as imperative as laws. One of these is the necessity of having something new to wear on this day in order to insure happiness for the coming year; hence the Easter bonnet.

It is also claimed in heathen countries, where the superstition originatthe light of the rising sun on Ostera, was also represented as dancing and

A German custom is to light fires on the holy water from the streams at the waters, and the presentation of cakes, shaped in the form of the rising sun, are made special features of the

## A Happy Mother's Gratitude

[LETTER TO MRS. PINKHAM NO. 26,785]

"DEAR MRS. PINKHAM-I have many, nany thanks to give you for what your Vegetable Compound has done for me. loside the other all three can be put on After first confinement I was sick for nine years with prolapsus of the womb, had pain in left side, in small of back, so uncomfortable to the baby. A very a great deal of headache, palpitation of heart and leucorrhoea. I felt so weak and tired that I could not do my work. I became pregnant again and took your Compound all through, and now have a sweet baby girl. I never before had such an easy time during labor, and I feel it was due to Lydia E. Pinkham's Vegetable Compound. I am now able to do my work and feel better than I have for years. I cannot thank you enough."- Mrs. ED. En-LINGER, DEVINE, TEX.

Wonderfully Strengthened. "I have been taking Lydia E. Pinknam's Vegetable Compound, Blood Purifier and Liver Pills and feel wonderfully strengthened. Before using your remedies I was in a terrible state; telt like fainting every little while. I thought I must surely die. But now, thanks to your remedies, those feelings are all gone."-MRS, EMILIE SCHNEIDER, 1244 HELEN AVE., DETROIT

The rabbits enter largely into Easter amusements, especially among the Germans, who hide eggs in nests for Two the children to find, attributing the

deed to the Easter rabbit. Joving tokens at the antique places

Christ in the Church of the Holy cigarette smokers. To the no small Sepulcher is covered with the lilles surprise of the doctors respectively in tors order it, because it is healthful, invigo Anciently both ecclesiastics and laywhich are used all over the world. The attendance, both the leeches—they are ating and appetizing. It is made from pure grains and has that rich seal brown color an men used to play at ball in the Mount of Calvary is visited by the creatures of very strong vitality—tastes like the finest grades of coffee and strewn upon the spot where the cross of applying leeches to other patients ways under which Christ walked on which are now standing and may stand for another 2,000 years, are visited and pointed out to the small children and their histories told.

In Rome the Easter festival draws crowds of visitors to the city. The ceremonies begin with the firing of cannon from St. Angelo castle. St. Peter's, which is richly decorated for the occasion, is the scene of imposing cereall the pomp of the Vatican attending

After officiating at mass at the high altar the pope is, with the same ceremony, carried back through the crowded church, and then ascends to the balcony over the central doorway. Risrounded by his principal officers, he pronounces a benediction with indulgences and absolution.-Philadelphia

Whien Easter Was Passed

Among the early Indo-European with great rejoicing and mystical rites, 21st of March and was without doubt the period of the primitive Easter.

De Gebelin states that it was celebrated in Egypt, Persia and Syria by the lighting of huge watch fires and the distribution of colored eggs. In India the Parsees still exchange

red eggs, on their spring festival, according to Schwartz, who adds that the custom is traceable to the earliest

This giving of eggs typifies the birth of life in that which is apparently dead, as exemplified in the return of spring. The Christian fathers adopted it in the east, as they had done the celmade it one of their paschal observances. It still flourishes in the Easter egg of our own times. When the Celtic races left their cra-

ward the setting sun, they carried with them the worship of Bel, god of fire. whom many great doctors believe to have been that sun itself. Twice a year, on the vernal and autumnal equinoxes, they kindled monster Bel fires in honor of this deity. The autumnal fire was in thanksgiving for the harvest, while that of the spring was intended to propitiate Bel for the coming year. Both these feasts were called "Bel tinne," or "flames of Bel." At the spring "Bel tinne" games of all sorts were indulged in, and an immense procession of men driving before them their flocks and herds passed between the fires lit by the Druids .-

All the latest styles of photographs at

INJURIOUS CIGARETTES.

the Paper Pipes.

One of the gravest facts relating to In Jerusalem, as may be expected, the harmfulness of cigarette smoking Easter Sunday is commemorated with to excess is one that has lately come fitting ceremonies. Plous people leave to light. In two distinct cases, re- a declaration on the part of the parcently related, with initials and dates, ents is necessary. made sacred by the presence of Christ, by Dr. Forbes Winslow, it was neces-On Easter day the reputed tomb of sary to apply leeches to persistent who were then under treatment for excessive cigarette smoking, and in every case the leeches died almost instantly. Distinct traces of the dangerous empyreumatic oil that is given off by tobacco under certain conditions were found in the leeches. The same experiment was tried with excessive pipe smokers, with no apparent injury to the leeches.

A Suppressed Picture.

By those who are familiar with monies, at which the pope officiates. Dickens' story, "The Battle of Life." The pope is borne into the edifice with says the Pall Mall Magazine, it will be remembered that an early part of the plot leads one to believe that Marion Jeddler had eloped with Michael Warden, when, as a matter of fact, she had merely escaped to her aunt. Leech, who was engaged as illustrator, was immensely busy, and only read ing from his chair of state and sur- so much of the story as seemed necessary for his purpose. As a result he was deceived, as Dickens intended his readers should be, and designed the double woodcut in which the festivities to welcome the bridegroom at the BEFORE THE BIRTH OF CHRIST. top of the page contrast with the flight of the bride in company with Michael Warden represented below. Thus was Dickens curiously "hoist with his own petard." And the curious thing is that, nothwithstanding the publicity given to the mistake in Foster's "Life of Dickens," this tragic woodcut, which wrongs poor Marion's innocence and makes a hash of the whole story, is reproduced in the reprints up to this & health and strength. it is very day.

Expressive.

It is no wonder there was a general laugh when recently in a church in a certain seaport town a proud father brought his first-born to be christened. He was more at home on deck than in his present position, and he gingerly held the struggling infantile specimen of humanity, who kicked and wriggled till, between linen and flounces and baby, the father completely lost his bearings. For a minute there was confusion. The ceremony came to a stop and the congregation tittered. Then from a pew near by came the reassuring voice of a good shipmate: "Up-end it, Jack, up-end it! It's head's below hatches!" The language was expressive, but it was no wonder the people smiled.

Mills Hotel's Anniversary.

Mills Hotel No. 1 celebrated its firs anniversary last week by serving to Its guests the following dinner for 15 cents: Cream of celery soup, roast Vermonf turkey, stuffed; cranberry sauce, baked sweet potatoes, fried parsnips, English plum pudding, tea coffee or milk. Up to 9 p. m. 2,000 dinners had been served. John S. Thomas, the manager, said that the 1,554 rooms were occupied nightly, and that the hotel had been filled since the middle of December, 1897, a month and a half after it was formally opened. Speaking of the financial condition of the enterprise, Mr. Thomas said that everything was "in good shape and was satisfactory to Mr. Mills."

Cremation in Norway.

Norway has a law dealing with cre mation. According to the act, every person over 15 years of age can be cremated after death if he or she has made a declaration in the presence of two witnesses. For those under 15

Drink Grain-O after you have concluded that you ought no to drink Coffee. It is not a medicine but doc costs about 1/4 as much. Children like it and thrive on it because it is a genuine food drink containing nothing but nourishment. Ask your grocer for Grain O, the new food drink.

Women's Skulls the Cheaper. A medical student is authority for the statement that women's skulls those of men, "It is possible." he says, "to obtain the skull of a woman for \$1.50, while that of a man cannot be had for less than \$2. The reason why? Well, a woman's skull, as a rule, is considerably smaller than a man's. It is said to be imperfectly developed; it is an inferior specimen of the article, and altogether less useful to science; hence its lower market

Thin, pale, anæmic girls need a fatty food to enrich their blood, give color to their cheeks and restore their safe to say that they nearly all reject fat with their food

# SCOTT'S LSION COD LIVER OIL

is exactly what they require; it not only gives them the important element (cod-liver oil in a palatable and easily di gested form, but also the hypophosphites which are so valuable in nervous disorders that usually accompany anæmia.

SCOTT'S EMULSION is fatty food that is more easily digested than any other form of fat. A certain amount of flesh is necessary for health. You can get it in this way.

We have known persons to gain a pound a day while taking it. 50c, and \$1.00, all druggists.
SCOTT & BOWNE, Chemists, New York.

Pecce ecce ecces ecce <del>ecce</del>

RAILROAD TIME TABLES.

STATION	8.	Sxp	Exp	Acc.	Mail
oledo		10:45 12:51 12:58 1:11	10:10 10:19	10:81 10:42 10:57	4 18
		P. 4	P.M.	1 M.	P. b
hicago		7 3	P.M.	7:80	8:30
hicago	F Mail.  A. 4 M. 3:02 7:00 7:06	Acc. 3:02 7:24 7:31	P.M. 4:56 Mail A. 8:80	7:80 Acc. 8:30 1:65 2:07 2:18 2:27	8:30 Exp 8:30 8:50 9:00

LANSING BRANCH.

YPSILANTI BRANCH.

	Mail P. M.		† Fr't. P. M.	
8:86	4:55 3:05 3:01	Ypsilanti	5:08	9:20 11:18 11:19
8:15	3:53 2:43 2:25	Jerome North Adams	5:30	11:97

\*Daily. \*Except sunday... O. C. DICKINSON, Ticket Agent.

THE Detroit, Toledo & Milwankee R. R. GRAND HAVEN, DETROIT & TOLEDO.

TRAINS EAST.

STATIONS, First Class.

STATIONS.				
First Class.	_			•
Grand HavenLv	8 10	A.M. 12;80		
Allegan	8 55	2 10	A . M.	
Battle Creek	P. M.	4 90	7 55	
Homer	12 31	4 52 5 23	8 25	9 95
Moscow	1 11	5 33	9 06 9 13	10 0
Addison Junet	1 34	5 59	9 31	18°
DetroitAr	4 00	5 15 8 15		1 12 50

## THE DETROIT & LIMA NORTHERN RAILWAY.

Time Table in Effect January 29, '99.

SOUTH.	
STATIONS.	No. 1 No. A. M. P. M
Detroit. Dundee. Di cumseh. Adrian. Columbus.	10:15   5:50 10:45   6:20 11:08   6:43 P M. [
NORTH.	THE TOTAL
STATIONS.	Daily A. M. A. M
Coiumbue	7;50
Adrian	9:45 9:45 9:45 9:45 9:45 10:18
Detroit	P. M. P. M 5;10 12:10
Nos. 1, 2, 3 and 4 run daily, o expect Sunday.  R. C. CAPLES.	Gen Pas Agt.

Time-table No. 7 in effect Feb. 12, 1999. pass Hudson as follows: GOING NORTH.

nati and Jackson Mail.

Ft. Wayne, south Grand Rapids & Elkhart† train 7... Ooldwater, Mich., Dis.\* train 7... Quincy, Mich. Ypsilanti Branch everal towns

†All mail on this road north of Elkhart, This

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